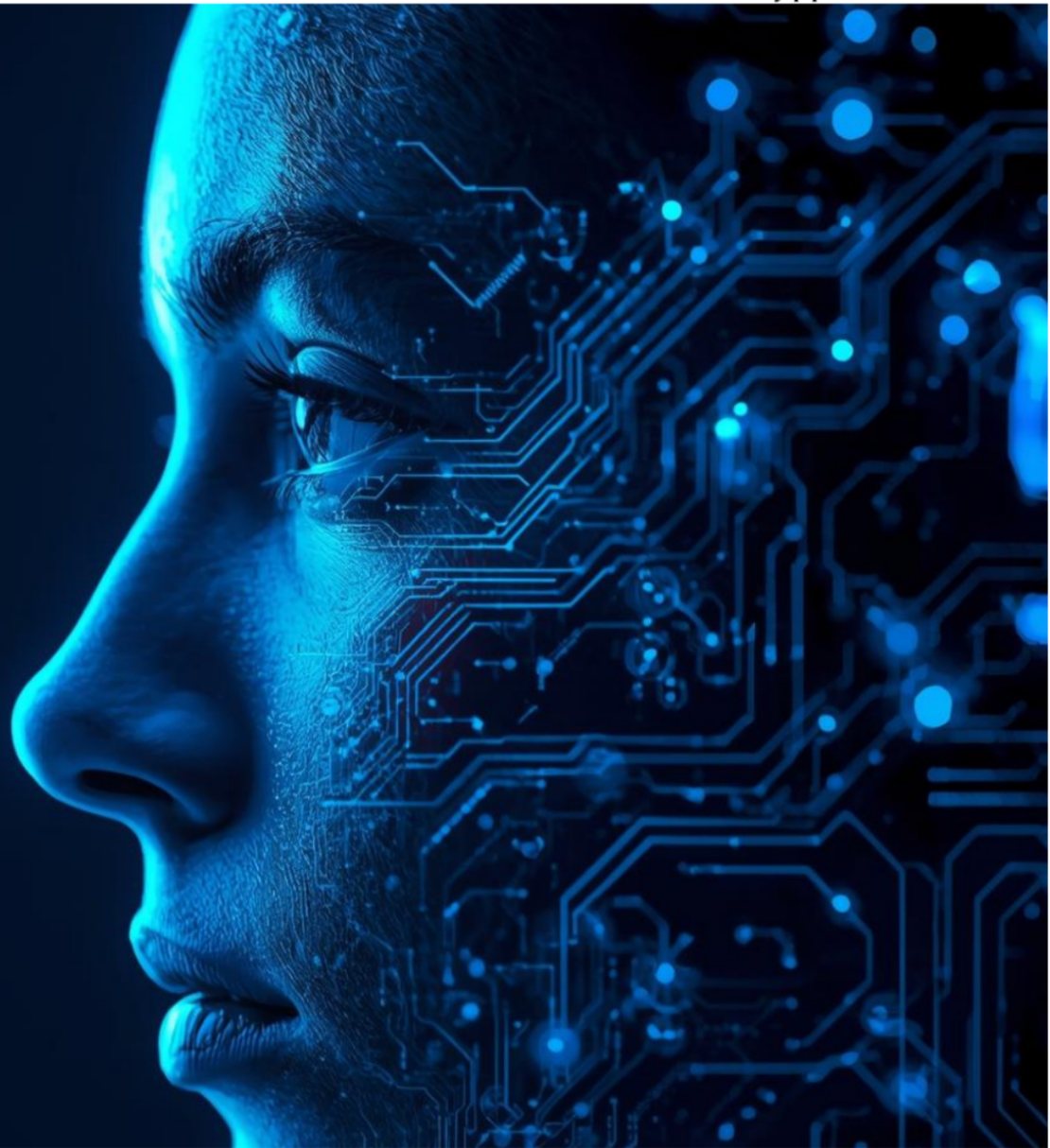


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Reference to an internet source: Dunn, L.E. (2013). *Concrete technology manual*. Retrieved from <http://www.dot.ca.gov/hq/esc/construction/manuals/OSCCompleteManuals/CTM2013.pdf>

Reference to a news article: Nazario, D. (2020, November 28). Okra toothpaste, anyone? *Manila Bulletin*. Retrieved from <https://mb.com.ph/2022/04/20/okra-toothpaste-anyone/>

Reference to a software: R Core Team. (2014). *A language and environment for statistical computing* [Computer software]. Vienna, Austria: R Foundation for Statistical Computing

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Tables presented in the text mustn't be included as images; instead, they should be generated using the designated word processing software. The table title should be placed above the actual table.

The tables incorporated must adhere to the following specifications:

- Font size of 8, centered, and created using the Microsoft Word table editor.
 - Tables should be single-spaced and vertical lines should not be used to separate columns.
 - They should have only three horizontal lines (under the title, under the headings of the columns, and at the end of the tables.)
 - Column headings should be brief, with units of measurement in parentheses.
6. **Figure:** Figures should be referenced in the text using the term "Figure". It should be ensured that each figure/illustration has a caption. The captions must be supplied and attached below the figure. A caption should comprise a brief title (not on the figure itself) and a description of the illustration. Text in the illustrations themselves should be kept to a minimum.

Figures and photographs should be in an acceptable format (.tiff, .eps, .jpeg, or MS Office files) and of high resolution. Figures and photographs should be embedded in the manuscript and not included as appendices, which the journal does not allow. Book Antiqua font must be used if the Figures and photographs have text and numbers. Figures must be editable to allow for adjustments later on if the manuscript is accepted for publication.

7. **Mathematical Texts and Equations:** Equations should be aligned at the center and numbered consecutively, e.g., (1), (2), etc., at the right margin, and thus can be referred to as such in the text. Ensure that you provide the meanings of all symbols used.
8. **Statistical Results:**
- Italics: italicize all the statistical letters (e.g., *M*, *SD*, *p*, *t*, *r*, etc.) but not Greek letters
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 - p-values: report exact p-values, and if values are less than .001, we report it as $p < .001$.
 - Parenthesis: we cannot put a parenthesis inside a parenthesis; in those cases, put a bracket inside a parenthesis (e.g., here's a parentheses with [something] in brackets)
 - N (populations or the full study sample) or n (samples, or a sub-sample within a study)
 - Blanks and F: to aid readability, there is no space between the statistical test and the parentheses for the degrees of freedom, but for the F-statistic, there is a space between the two degrees of freedom, such as $F(2, 126)$.

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Editorial Preface

Interdisciplinary Pathways towards Sustainable Futures

This February issue brings together a rich collection of research that highlights the journal's commitment to advancing knowledge that is internationally relevant yet rooted in local context. The articles can be clustered around three thematic foci, each resonating with the United Nations Sustainable Development Goals (SDGs) and underscoring the importance for interdisciplinary collaboration. While the topics may appear distinct at first, they share common threads—social inequity, cultural transformation, and the pursuit of sustainable development—that connect them within the broader ASEAN experience.

The first cluster engages with resilience, caregiving, and community well-being, aligning with SDG 3 (Good Health and Well-Being) and SDG 5 (Gender Equality). These studies foreground the lived realities of families and caregivers, particularly in Southeast Asian contexts, and invite us to reimagine culturally sensitive, socially inclusive psychological support systems.

The second cluster focuses on education, curriculum innovation, and student-centered learning, directly linked to SDG 4 (Quality Education). Here, authors explore outcomes-based approaches, responsive pedagogy, and the integration of local values into higher education. These contributions remind us that education is not only a pathway to knowledge but also a vehicle for equity, empowerment, and sustainable development.

The third cluster highlights methodological rigor, transparency, and interdisciplinary inquiry, resonating with SDG 9 (Industry, Innovation, and Infrastructure) and SDG 17 (Partnerships for the Goals). By refining research designs and advocating for methodological defensibility, these papers emphasize that robust scholarship requires dialogue across disciplines—psychology, education, sociology, and beyond—to address complex challenges holistically.

Together, these clusters illustrate that the pursuit of knowledge cannot remain siloed. The issues we face—whether in health, education, or social development—demand interdisciplinary perspectives that weave together diverse strands of expertise. As editor-in-chief, I invite readers to engage with this issue not only as a collection of individual articles but as a tapestry of interconnected insights, each contributing to the broader agenda of sustainable, inclusive, and transformative scholarship.

This issue is the product of collective effort. I extend my sincere thanks to the members of the editorial board, whose dedication, critical insight, and collegial spirit ensured the rigor and quality of the selected articles. The coming together of this issue reflects not only the scholarship of our contributors but also the community work that sustains the journal's mission.

DR. JASON O. MANAOIS

JIP Editor-in-Chief

Professor VI, Mindanao State University – Iligan Institute of Technology